

CoreHKY COVID-19 Safety Plan

1. CoreHKY will be following CDC recommendations and state guidelines for return to play protocol for each camp and clinic.
2. Participating players and families must abide by the CoreHKY Safety Plan, prepared in accordance with the CDC and State guidelines.
3. **In addition to the plan listed below, CoreHKY will work alongside the guidelines and protocols of the venues and organizations that are co-hosting the clinic or camp.**

Operations:

- Participants will stay together in small groups and will remain with those groups throughout the day including any water breaks or lunch breaks. We will modify layouts to help maintain social distancing among participants and staff when possible.
- Participants will be asked to practice social distancing during warm up, skill building drills and simulation drills.
- CoreHKY staff will limit the times they mix between groups.
- Participants will not share their personal equipment with other participants. (sticks, gloves, shin guards, mouth guards, water bottles, etc.)
- Participants and staff should avoid any contact such as high fives, fist bumps etc.
- Drills and games will be modified to limit contact and will be focused on individual skill and physical development.
- All CoreHKY staff will be required to wear a mask at all times.
- All equipment will be disinfected at the end of each session by the CoreHKY staff.
- Frequently touched surfaces within the facility will be cleaned and disinfected at least daily or between sessions as much as possible.

Water & Food Breaks:

- All participants must bring their own water and should not share with other participants.
- Participants and staff must bring their own lunch/snacks and should not share with other participants or staff.
- While on water breaks and on the lunch break participants and staff should eat in separate areas while maintaining social distancing of at least 6 feet apart as much as possible.

Arrival and Departure Procedures:

- Parents/guardians should conduct daily health checks prior to dropping their participant off.
- Participants should arrive fully dressed and ready for training with all equipment on.
- Parents/guardians should only transport their members of their household and should plan on dropping their child off no more than 10 minutes prior to the start of the session.
- Parents/guardians should remain in their cars, if they wish to watch the training session.

- Upon departure, participants should leave the facility while maintaining social distancing and walk directly to their parent/guardian’s vehicle.
- No congregating will be allowed before or after the sessions.

Promoting Behaviors that Reduce Spread:

- Participants should stay home when appropriate.
 - If participants have symptoms of COVID-19 they should stay home.
 - If participants have come in close contact with someone who has tested positive or has symptoms of COVID-19, they should stay home.
- All participants and CoreHKY staff should practice good hand hygiene and respiratory etiquette including but not limited to; handwashing with soap and water for at least 20 seconds, covering coughs and sneezes with a tissue or the use of the inside of the elbow and washing hands immediately with soap and water, and using hand sanitizer when handwashing stations are not available.

Designated Point of Contact:

Tara Zollinger will be the point of contact and will be responsible for responding to COVID-19 concerns. Tara’s cell phone number is 724 989 0208.

Preparing if someone gets sick:

- If a participant or staff member becomes sick during the session with COVID-19 symptoms they will be immediately separated from the group and their emergency contact will be notified to come and pick them up immediately and will not return to play for the duration of the clinic/camp.

I acknowledge and agree to abide by the protocol and procedures listed in the above CoreHKY COVID-19 Safety Plan.

Athlete Name

Guardian Name

Guardian Signature

Date